

BRITISH WEIGHT LIFTERS' ASSOCIATION

PROCEDURE FOR THE OUT OF COMPETITION TESTING REGISTER

- 1 At present, there are three Out of Competition Testing Pools, International, National and domestic for each of the sports; weightlifting, powerlifting, and Paralympic Powerlifting.
- 2 Policy on eligibility for inclusion on the out of competition register.
 - Any weightlifter who intends to compete in IWF Calendar of Event competition must be registered with the International Weightlifting Federation and/or the British Weight Lifters' Association for out of competition testing.
 - All Weightlifters and Paralympic Powerlifters who meet the BWLA eligibility standard (WCWL Qualifying Standards) will be registered on the International and National Register out of competition register and will register their whereabouts via the ADAMS system.
 - Weightlifters and Paralympic powerlifters who do not meet the eligibility criteria, and all powerlifters will be registered on the Domestic Pool
 - Lifters who are likely to represent the UK, or Home Country Associations abroad must be registered for 6 months.
 - Lifters under the age of 18 and who meet the eligibility criteria will be required to register parental consent forms.
 - ~~Paralympic lifters who achieve one and half times their bodyweight in the Bench Press.~~
- 3 The BWLA are responsible for the selection of the International and National Testing Pool and produces a Register of those athletes who are eligible for testing out of competition. This Register is updated every quarter by the NGB and sent to UK Sport. The register will be reviewed and updated quarterly by the BWLA Administration Officer. Non members will be removed from the register.

<u>Quarter</u>	<u>Register to be verified</u>	<u>Draw to be made</u>
1 April – June	1 st March	Mid – March
2 July – September	1 st June	Mid – June
3 October – December	1 st September	Mid – September
4 January – March	1 st December	Mid – December

- 4 The Anti-doping Whereabouts System (AWS) was introduced to the BWLA in October 2005, updated to ADAMS in 2007. The program enables the Athlete to enter their own details and be responsible for their own whereabouts and to make the Out of Competition Testing (OOCT) scheme more reliable and fair.
- 5 UK Sport set up a Login for each of the athletes and sends the NGB the User Guides and packs. This is for new members being added to the Register. The Athlete is sent the packs with a covering note from the NGB and once logged on to the system has to report back to the NGB that they have done so. If they do not register within the time scale set, they are sent

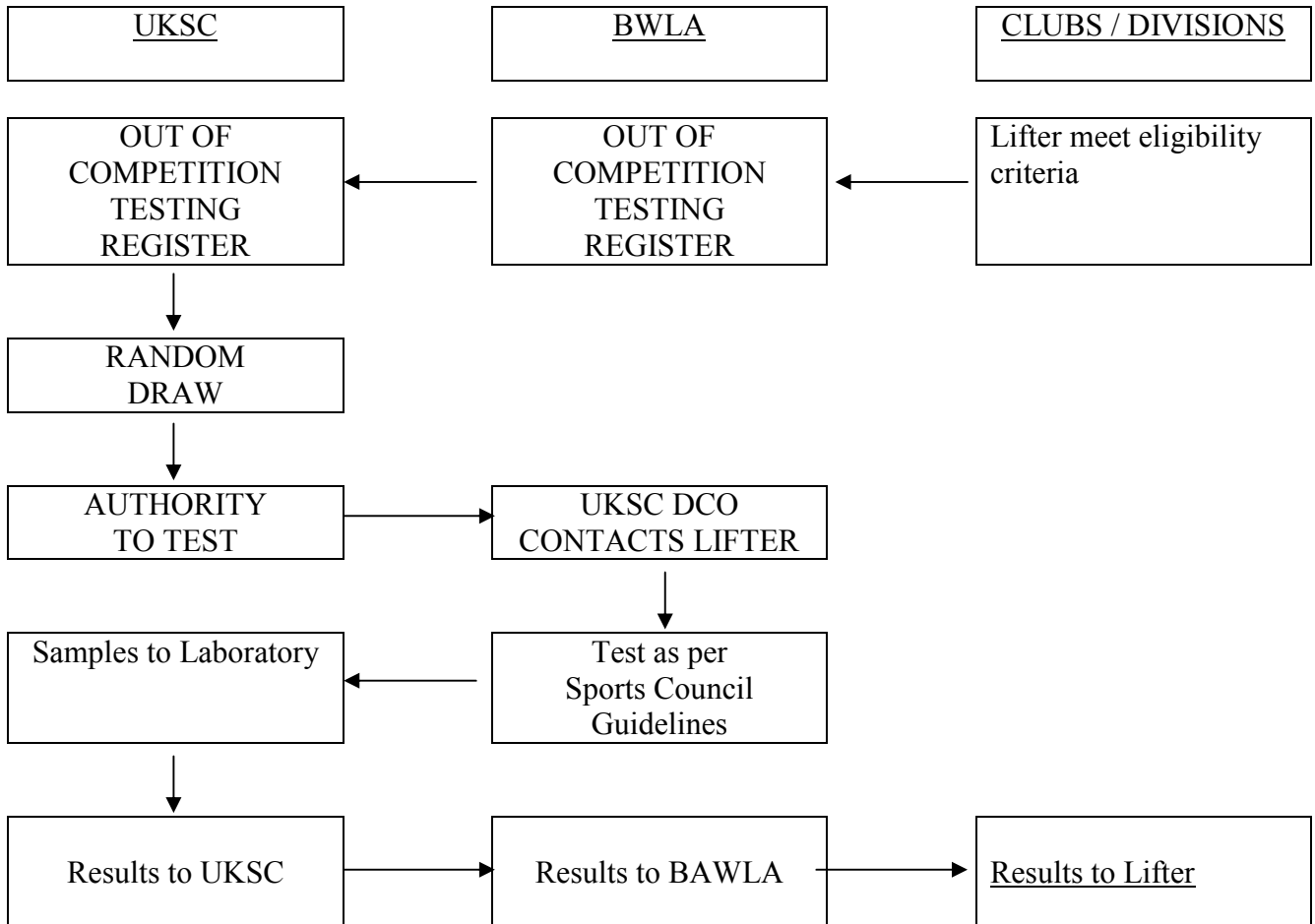
a reminder. If they fail to register after the reminder has been sent then there is no exception to the rule and a violation has occurred. The Athlete is issued with a first “Strike “offence warning.

- 6 The OOCT register is recorded under the Data Protection Act and may only be accessed by the BWLA Drug Control Officer, BWLA Chief Executive, BWLA Administration Officer, and UK Sports Council Drug Free Services Directorate personnel.
- 7 Lifters who wish to be removed from the Out of Competition Testing Register must inform the Administration Officer in writing using the BWLA retirement form. If, after retirement, the lifter changes their mind, then they will need to register for six months before being selected for any international competition. BWLA will inform UK Sport within seven (7) days.
- 11 All changes such as additions, deletions or change of address to the Register will be highlighted. Any deletions must be notified to UK Sport Drug Free Services with an explanation.
- 12 Any lifter who are active BWLA member living overseas must provide details of there current whereabouts and any occasion they might be in the UK during the quarterly period.
- 14 The register is forwarded to the UK Sports Council Drug Free Services ~~with a UK Sport Council Summary Control sheet.~~
- 16 Lifters will be selected for Out of Competition Testing by a random draw. The control parameters for the draw will be determined by the members from the BWLA and the UK Sports Council Drug Free Services. The control parameters may be:
 - the division of each register into senior, junior, elite or non-elite,
 - the number of tests to performed;
 - lifters returning from retirement;
 - lifters competing in or training for specific major events such as Olympic Games or Commonwealth Games or are in receipt of lottery funding.
- 17 The Draw will be conducted in the month before the testing quarter, by a random number generator software programme. The draw will be operated by UK Sports Council Drug Free Services and may be witnessed by a BWLA officials.
- 18 Once the lifters are identified from the random numbers, letters of authority for out of competition testing will be issued to the Independent Sampling Officers. The Independent Sampling Officers will follow the procedures detailed the UK Sports Council “Competitors and Officials Guide to Drugs and Sport and Testing Procedures leaflet ”.

- 19 All results regarding non availability, whereabouts and negative results of testing will be despatched to the BWLA Administration Officer from UK Sport, who will in turn notify the lifters.
- 20 All adverse results of testings will be despatched to the BWLA Chief Executive Officer, who in turn will notify the lifters.
- 20 The UK Sports Council Drug Free Services will issue quarterly summaries of the status of the Out of Competition Testing programme.

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Non Compliance and Non Availability with the UK Sport ADAMS System

Stage One, Compliance

Letter sent out to the lifters informing them to register their details on the ADAMS.
Lifters reply to BWLA and confirm they have registered.

Stage Two, Non Compliance

Lifter fails to register
Letter from UK Sport to BWLA of failure to register
Letter from UK Sport and BWLA to Lifter
Letter from Lifter offering explanation
Letter from Lifter sent to UK Sport
Letter from UK Sport to BWLA
Letter to Lifter from UK Sport and BWLA
Lifter has right to appeal any decision.
Paperwork moves up to CEO
CEO to deal
Paperwork kept on file for 18 months.

If the above happens three times within 18 consecutive months the Lifter will be given three “Strikes”

Paperwork to be sent to the Clerk to the Disciplinary Committee
Letter from Clerk to BWLA and Lifter re hearing
Outcome letter from Clerk to Lifter and BWLA
Lifter can appeal
Letter from Letter to Clerk and BWLA

BWLA updates files and informs UK Sport.

The above is also the same for those who have registered to the AWS and have given their details but are not available at those times for testing. Non Compliance of this rule will result in a “Strike” against them and so on. This is called a Non Availability.

Reports

All the information is stored on a spreadsheet
One for “Missed Tests”
One for ”Not On Whereabouts”.

UK Sport sends reporting sheets of their data
BWLA cross references the reports with BWLA data
Either agree or raise the disagreement.

Retirement of Athlete

Lifter to inform BWLA in writing that they wish to retire

BWLA inform UK Sport

BWLA informs Lifter

Removal of Lifter from the Register

BWLA to inform UK Sport

BWLA to inform Lifter (I have no letter in place for this, more than one reason to remove them off the Register)

Summary of Changes

04.05.02 Removed “Ethics and” from UK Sports Ethics and Anti Doping Directorate.